



SOLO TRAVELERS CLUB NEWSLETTER

April 2018



Greetings from Susan Sweigard YOUR CLUB DIRECTOR

Happy Spring! Goodbye to ole man winter and hello to warmer temperatures, green grass and flowers. I don't know about you but the thought of springtime makes me smile. My group trip to Iceland was fantastic and I can't wait to tell you all about it at our next meeting. It was beautiful but chilly and windy there, so I'm welcoming spring with open arms.

Guess what? It's that time of year again to renew your Solo Travelers Club membership. May is renewal month and I'm happy to announce we are able to keep the cost the same as this past year. You will be receiving a letter from AAA about your renewal options. You will need to renew whether you are a Basic member or Rewards member. I hope you will want to continue to enjoy our meetings and Solo Exclusive and Friendly trips. We continue to strive to bring you exciting new trip opportunities and fun, informative events.

Our May meeting will be sponsored by our river cruise partner AmaWaterways. I plan to have a representative help me co-host the meeting. I've sailed with AmaWaterways on the Danube in Europe and they provide a wonderful, unique river cruise experience. Plan to attend and hear all about what they have to offer.

Hope to see you in May!

Traveling Solo, Together

Susan

Upcoming Solo Meetings

May 2018 - Renewal Month

Meetings are **FREE** to Solo Travelers Club Rewards Program Members.

There will be a \$20 meeting fee (payable at the door) for non-Rewards Program Members.

Harrisburg/West Shore ****Location Change**** Tuesday, May 1

Best Western Premier – 800 E Park Drive, Harrisburg

Lancaster Thursday, May 3

Heritage Hotel – 500 Centerville Road, Lancaster

Meetings begin at 6:00PM (doors open at 5:30PM), followed by Dinner and Social Hour at 7:00PM.

Reservations are required 5 days in advance for all attendees.

Register online at AAA.com/Solo or Call 888-746-4566, or email solosusan@aaacp.com.

*"Travel and change of place impart new vigor to the mind."
– Seneca*





Norwegian Escape will be sailing to Bermuda, Caribbean and Bahamas/ Florida itineraries beginning April 2018.

Contact AAA Central Penn
1-800-717-4222



SOLO EXCLUSIVE TRIPS

These trips are only available to Solo Travelers Club members! Meet like-minded travelers who want to share the fun, peace of mind, and convenience of group travel.



Solo Exclusive
Secret World of Espionage
June 8, 2018

Begin your afternoon with a luncheon in Washington, D.C. at the Gordon Biersch Brewery Restaurant. Then arrive at the International Spy Museum with its dedication to the tradecraft, history and contemporary role of espionage, featuring the largest collection of international espionage artifacts currently on public display. See the special exhibit *Exquisitely Evil: 50 Years of James Bond Villains*. Included is a special speaker series lecture with Melissa Boyle Mahle, former US Intelligence Officer.

PRICE PER PERSON: **\$179**



Solo Exclusive
Special July Event
TBD



Solo Exclusive
Historic Jim Thorpe
September 22, 2018

Arrive at the "Switzerland of Pennsylvania" and be surrounded by high-rising cliffs and be entranced by the mountain scenery while aboard the Lehigh Valley Scenic Gorge Railway. Enjoy a lovely lunch at the Broadway Grille, followed by a tour of the Asa Packer Mansion. Spend time browsing the many antique and specialty boutique shops, in this quaint historic town of Jim Thorpe!

PRICE PER PERSON: **\$159**



Solo Exclusive
Thunderbirds Cruise
October 6, 2018

What's the best way to see the fascinating USAF Thunderbirds while they display the pride, precision and professionalism of American Airmen? Why onboard a boat in Baltimore's Inner Harbor of course! Watch as these elite Air Force pilots perform and fly only a few feet from wingtip to wingtip! After your cruise, enjoy a delicious and fun dinner at Bubba Gump Shrimp Co.

PRICE PER PERSON: **\$199**

SOLO FRIENDLY TRIPS

These trips, while not exclusive to Solo Travelers Club Members, offer a great opportunity to travel with friendly folks at a great value. Solo Club Members benefit from the pre-negotiated discount of the applicable single supplement fee, as well as the convenience and security of group travel.



Solo Friendly Cruising to Mount Vernon June 14, 2018

Let's travel to Mount Vernon a different way-by boat! The boat will leave fabulous National Harbor and cruise down the Potomac River to George Washington's famous estate, Mount Vernon. Your experience will include the Donald W. Reynolds Museum and Education Center, which features 23 galleries and theaters and more than 700 artifacts. Then into the famous house for a room-by-room tour with expert docents. After the tour you will cruise back and have plenty of time for shopping and dining at National Harbor.

PRICE PER PERSON: **\$163**



Solo Friendly Maine Lobster Festival July 30 - August 4, 2018

Embark on a 5 night motorcoach tour to "downeast Maine" and the Maine Lobster Festival! Highlights include: five breakfasts, four dinners, Maine Lobster Festival with lobster meal, guided tour of Portland, Kennebunkport, Ogunquit, and York. Visit to Portland Head Light, Acadia National Park. Bar Harbor Whale Watch Cruise, Finest Kind Lobster Cruise and much more!

PRICE PER PERSON: Double **\$1,719**
Single **\$2,329**



Solo Friendly Tapping the Treasures of Ireland with The Brewery of Hershey September 25 - October 2, 2018

Travel alongside the well-accomplished and award-winning Brewmaster Ryan DeLutis on this specially crafted tour of The Emerald Isle. Enjoy this unique adventure of sights, sounds, aromas and tastings of the local breweries, pubs and distilleries while personally guided and educated by Brewmaster Ryan. Let's learn and sample the Irish brew culture together. Sláinte! *Highlights include: 6 breakfasts, 3 dinners and many tastings. Tour Dublin, Guinness Storehouse, Jameson Distillery, Kilkenny, Cork, Desmond Castle, The Ring of Kerry, Cliffs of Moher and Bunratty Castle.*

PRICE PER PERSON: Double **\$3,199**
Single **\$3,799**



Solo Friendly Best of the Canyonlands October 13 - 19, 2018

Descend from the Mile High City, into the foothills of the Rockies and through the badlands, canyons and natural arches that give way to ancient cliff-top villages and mesas rising up from the red valley floor—a dramatic, exclusive venue for an unforgettable traditional Navajo cookout with new friends. Highlights include: Vail, Arches and Canyonlands National Parks, Moab, Mesa Verde, Monument Valley, Grand Canyon National Park, Las Vegas and much more!

PRICE PER PERSON: Double **\$2,589**
Single **\$3,179**



Solo Friendly Bermuda Cruise aboard Royal Caribbean's *GRANDEUR OF THE SEAS* October 20 - 25, 2018

Think pink — and an array of other pastels — in this paradise of the Atlantic. Discover an enduring legacy of seamanship, historic sights, picturesque towns, world-class golf courses and beaches of pink sand lapped by aqua-blue waters. Take a fascinating cruise on one of Bermuda's glass-bottom boats and view Bermuda's rainbow-colored undersea world of fish and coral formations. Browse the shops and museums of the Royal Naval Dockyard or party Bermuda style on an Island Calypso cruise.

PRICE PER PERSON FROM: Double **\$859**
Single **\$1,369**



Solo Friendly Italian Elegance with Oberammergau Passion Play August 20 - September 4, 2020

Experience the epitome of Italy's cities, exquisite resorts, rustic towns and idyllic fishing villages. Guided tours of Rome, Vatican City and see St. Peter's Basilica and Michelangelo's Pieta the splendor of Florence and Siena. Visit Cinque Terre, Portofino, Italian Lake District, and Innsbruck and much more! Your tour concludes with a memorable and moving performance of the Oberammergau Passion Play; the origins of this historic event date back to 1634.

PRICE PER PERSON: Double **\$5,169**
Single **\$6,129**

More SOLO FRIENDLY Cruises, Motorcoach Tours, and Land Tours

Springtime in the Gardens & Afternoon Tea
May 9, 2018

Biltmore & Charleston Gardens
May 20 - 27, 2018

Enchanting Long Island
May 22 - 25, 2018

Canada & New England Independence Day Cruise
aboard *CELEBRITY SUMMIT*
June 27 - July 8, 2018

Caribbean Palette aboard Oceania's *INSIGNIA*
June 30 - July 15, 2018

Calgary Stampede & Rocky Mountaineer
July 6 - 14, 2018

Appalachia & the Ark
July 8 - 13, 2018

Choptank Riverboat Cruise
July 14, 2018

Wild West, Cowboys & Buffalos
July 23 - 31, 2018

Maine Lobster Festival
July 30 - Aug 4, 2018

Bermuda aboard Royal Caribbean *ANTHEM OF THE SEAS*
August 4 - 9, 2018

Cape Cod & Pops by the Sea
August 10 - 13, 2018

Day on the Bay
August 11, 2018

Glacier National Park- Nature's Masterpiece
August 16 - 22, 2018

Alaska- Heart of Alaska
August 27 - September 9, 2018

Tribute to the Marines
August 30, 2018

Southern Grace
September 7 - 15, 2108

On and Under the Sea
September 7, 2018

Outer Banks & Myrtle Beach
September 17 - 23, 2018

In the Footsteps of the Incas
September 25 - October 4, 2018

Scenic Scandinavia & Fjords
September 28 - October 13, 2018

Trains, Albuquerque Balloon Fiesta
September 29 - October 9, 2018

Journey through the Clouds on the Rocky
Mountaineer
October 1 - 8, 2018

East Iceland's Highlands, Fjords & Heritage Tour
October 13 - 20, 2018

Hawaiian Escape-AAA Chairman's Tour
October 14 - 16, 2018

Panama Canal Sfarer on board Holland America
ms ZUIDERDAM
October 23 - November 4, 2018

SOLO CONNECTION BOARD

Are you looking for a roommate? Do you want to be added to the list?

Contact Solo Susan
888-746-4566
SoloSusan@aaacp.com

Wild West, Cowboys & Buffalos
AAA/Trafalgar
July 23 - 31, 2018
Female

Bahamas Holiday Cruise
Royal Caribbean
Anthem of the Seas
December 29 - January 6, 2019
Male

Stay in Touch

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facebook.com/groups/AAACPSoloTravelersClub/



10 Ways Solo Travel Can Make You Younger

- Exercise your grey matter.** You use your brain in a completely different way when traveling. Travel solo and it's really put to the test as you navigate new destinations and situations. It can be wonderful or challenging but it's all good for your brain.
- Take time off to do something different.** Solo Travel is recommended for everyone at least some of the time. If you are being held back from taking a vacation because you don't have anyone with the time or money to go with you, well head out on your own. Vacation time is said to decrease chances of heart disease, depression and stress.
- Get up and move.** How much do you sit in a day? Walking is considered to be a major contributor to good health. Plenty of that happens when you travel. Explore the nooks and crannies of the world on foot.
- Challenge the idea of being age appropriate.** Traveling solo you can discover your inner child when no one is looking. No family or friends who expect you to act in a certain way. You can be yourself more than at any other time.
- Nurture your positive side.** Without companions solo travelers can view the world through their own lens. If it's not a positive perspective, you can work to create one. It's said: "Positive thinkers go everywhere, negative thinkers go nowhere."
- Inject hope into your worldview.** If your worldview is being affected negatively by news reports, then it's definitely time to travel. You'll meet more people than you would otherwise. They will almost always be good people because the majority of us share similar values and desires. See how the world really is rather than how it's presented.
- Encourage your curiosity.** When traveling solo you can follow your own interests and talk to people that you normally wouldn't. Allow your curiosity to take flight.
- Meet people of all ages and learn.** By traveling you meet more new people than you would staying at home. Stretch your perspectives by learning from people of different generations, especially those younger than you.
- Get back your childlike sense of wonder.** Children know immediately what they like and what they don't. They are not cynical. They easily get caught up in the wonder of what's before them.
- Return and share the youthful, adventurous you.** Being adventurous is often related with youth. Traveling solo can be an adventure and make you feel younger.

AAA.com/Solo
 1-888-746-4566
 Visit your local AAA

CARLISLE
1911 W. Trindle Road
243-1844

GETTYSBURG
1275 York Road, #10
334-1155

HARRISBURG
2301 Paxton Church Road
657-2244

HERSHEY
1142 Mae Street
533-3381

HUNTINGDON
608 Washington Street
814-643-1030

LANCASTER (Downtown)
101 West James Street
397-4444

LANCASTER (Centerville)
804 Estelle Drive
898-6900

LEBANON
984 Isabel Drive
273-8533

LEWISTOWN
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242-2221

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